

John Murray - Crestview Middle School Invitational Wednesday , April 24th 2024

Athletic Director: Tim Kuhn (419)564-7025

Meet Directors: Amy McFarland Ex. 18105 mcfarland.amy@crestviewschools.net

Brock Hays ext. 18211 hays.brock@crestviewschools.net

Time Schedule

Entries are due by 12:00 PM the day before the meet - www.baumspage.com

Please do not include your athlete's uniform numbers when entering your entries.

No solo event replacements will be permitted after entries are due. You may however use replacements in relays at any time during the meet. You do not need to seek permission to do so, but remember to follow the event limitations per athlete. Should you modify a relay, let us know the name changes if the modified team places first in the event. We will need the name changes for the newspapers.

Day of the invitational

3:00 PM Coaches may begin reporting to the old concession stand, the building at the finish line, packets will be in there.

NO PITS OPEN UNTIL 3:15PM, Field will not open until 3:00PM

3:40 PM Pole certification at the Pole Vault site

4:00 PM Field events begin.

5:00 PM Running events begin.

Entry Fee

\$150.00 per school. Make checks payable to **Crestview High School**.

AWARDS

Individual medals for first place only. Trophies for Champions and runner up

CONCESSION STAND

A concession stand will be available.

TRACK AND SCORING

Starting blocks will be furnished, except for Moyes.

1/8" spikes or shorter may be used.

Use only tennis balls or tape to mark competition surfaces

Scoring will be 10-8-6-4-2-1.

SOLO RUNNING EVENTS

100M Dash, Low Hurdles, 200M Dash, 200M Hurdles, and 400M Dash

Will be run in two sections (athletes with fastest entry times will compete in the second heat).

Awards will be based on best overall times.

800M Run

Run in lanes through the first two turns.

1600M Run

Will be run in lanes through the first turn.

Will conclude when the 6th place scorer completes their race.

RELAYS

We do not use relay cards.

4x100 Relay and 4x 200 Relay

Will be run in lanes the entire distance.

4x800 Relay the lead runner will run in lane throughout the first curve; a one-turn stagger, then lead runner may cut in after crossing the break line. The exchanges will be California style in lane 1.

4x400 Relay

We will use the **three-curve** starting line. The second runner must remain in their team's assigned lane through one more curve. The first exchange will be in lanes – the last two exchanges California style.

Shuttle Hurdles

Both Girls and Boys set at 30" (lowest height)

Will be run in two sections.

Awards will be based on best overall times.

FIELD EVENTS

We reserve the right to use minimum effort distances for some field events. Efforts not reaching the designated minimum distances will NOT be measured, and will be recorded as fouls. These distances will be determined by the meet director with weather and entry efforts taken into consideration. Our intent is to speed up the meet a touch by eliminating the time required to measure extremely poor or faltered efforts.

Field event athletes, who have been excused to compete in running events, must report back to the field event no later than 15 minutes after the completion of the running event. Pole Vaulters and High Jumpers need to stay with those events as long as possible before heading off to other events.

We reserve the right to change the order of competition to accommodate field event athletes competing in simultaneously occurring events.

Long Jump

Each contestant will be given FOUR tries to be counted as finals. We will use the standard procedure of calling the athletes to jump; NOT open pit.

Shot and Discus

We will do four throws in Discus and four throws in Shot Put. We will use two Discus pads and two Shot Put pads. The top eight athletes will throw from the west pads. The lower eight will throw from the east pads.

High Jump – Girls and boys jump simultaneously. Girls - east pad Boys - west pad.

The starting heights: Girls 3'6" Boys 4'0" The cross bar will be raised by 2" increments. We will use the standard format; moving through the entire list of athletes in order.

Pole Vault

Starting heights: Boys 6'6" Girls 6' 0"

The cross bar will be raised 6" increments until one vaulter remains.

Should any event need to be canceled, we will not replace the canceled event with another. Athletes in canceled events may be moved into relay events only.

Appeals – Must be directed to the Referee.

Music - must be quiet and not played near competition sites, the starting lines or the press box area of the bleachers.

There is to be no food or drink other than water in the infield and ONLY athletes participating in that event are to be in the infield

Team tents are prohibited in the bleachers and stands.

Athletes may request that the officials move them inward (towards lanes 4 and 5) if ADJACENT lanes are open.

Severe weather conditions:

There will be a tornado warning siren at 4:00 on Wednesday.

What to do in case of lightning:

Lightning has been spotted, it is an OHSAA rule that this area is cleared.

All teams with coaches report to their buses, Spectators to their own vehicles, Crestview teams and MS HS helpers to HS Music Room.

Adult workers to the Multi-purpose room, behind the home stands. Anyone without a vehicle is to report to the HS Commons area

Tornado: Warning will ring at 4:00pm on Wednesday, if siren is heard any other time. Get to nearest shelter, Dug outs, Concession area, Girls and boys locker rooms in either building MS or HS

Summarized handout for the athletes and parents

We recommend giving each athlete one copy to give their parents, and one to place in their Track bag.

JOHN MURRAY - CRESTVIEW MIDDLE SCHOOL INVITATIONAL

OUT OF CLASS BY: _____ BUS LEAVES: _____ BUS RETURNS: _____

Teams: Ashland, Crestview, Lexington, Mapleton, N. London, Shelby, Plymouth, and S. Central.

4:00 PM	Girls – Discus, High Jump, and Long Jump	Boys – Shot Put, *High Jump, Pole Vault (*if 2 high jump pads available)
5:00 PM	Girls 4x800 relay	Boys 4 x 800 relay
	Girls Low hurdles	Boys Low hurdles
	Girls 100 meter dash	Boys 100 meter dash
	Girls 4x200 meter relay	Boys 4x200 meter relay
	Girls 1600 meter run	Boys 1600 meter run
	Girls 4x100 meter relay	Boys 4x100 meter relay
	Girls 400 meter dash	Boys 400 meter dash
	Girls 200 meter hurdles	Boys 200 meter hurdle
	Girls 800 meter run	Boys 800 meter run
	Girls 200 meter dash	Boys 200 meter dash
	Girls Shuttle Hurdles	Boys Shuttle Hurdles
	Girls 4X400 meter relay	Boys 4X400 meter relay
	Trophy presentations	

The meet usually concludes before 7:30 P.M.

Directions to Crestview Middle School. Set your GPS for Olivesburg, Ohio and then go one mile further west on St. Rt. 96. Setting your GPS for Crestview will NOT send you to the proper place. **Buses will need to drop off at North gate, by softball/baseball field and park in the Elementary parking lot, Northeast of the track.**

Admission sold on premises. \$8 adults and \$5 students and senior citizens

- **NO PASSES~ Unless admin from other schools, ONLY CRESTVIEW SENIOR CITIZENS ARE are valid for this invite**

Concession stand available: beverages and snacks

Medals are awarded for 1st place, Trophies for team champions and runner ups.

1/8" spikes or shorter may be used.

Use only tennis balls or tape to mark competition surfaces

The starting heights: High Jump – Girls 3'6", Boys – 4'0" Pole Vault - Girls 6'0", Boys 6' 6"

Music must be quiet and not played near competition sites, near the starting lines, or near the press box area in or below the stands.

Only workers/timers and athletes in events allowed in infield. ONLY water on field..

Team seating: Tents are prohibited in the bleachers..

Helpful hint – The finish line, for all races, is located one step past the large numbers.

Athletes, please report to the clerks by the flag pole to check-in for your races.

